



611 Grammont St. Monroe, La. 71201  
318.325.2634 or 800.293.2634

### EGD, Dilation and ERCP Prep Instructions

**Day Before Procedure:** \_\_\_\_\_

\_\_\_\_\_ **Do not eat or drink after midnight.**

**Day of Procedure:** \_\_\_\_\_

\_\_\_\_\_ You may have clear liquids until \_\_\_\_\_ a.m. Clear liquids include clear soft drinks, coffee, tea, Popsicles®, Jell-o®, broth, clear juices and hard candy. **NOTHING RED OR PURPLE! NO MILK!**

\_\_\_\_\_ Take all your morning medications, if any, with a sip of water.

\*If you use an inhaler, please take a treatment the morning of the procedure whether you are symptomatic or not.

\*\*If you are a **DIABETIC**, please call your primary care physician for dosage changes the day before the procedure.

**The day of your procedure, DO NOT TAKE YOUR DIABETIC MEDICATIONS.**

\* Be sure to check your blood sugar the morning of your procedure.

\*\*If you take **BLOOD THINNERS**, follow instructions given to you at the time of pre-registration.

\_\_\_\_\_ Bring a list of your medications with you.

\_\_\_\_\_ You may brush your teeth and gargle, just don't swallow any water.

\_\_\_\_\_ Bring someone to drive you home. You will be here approximately 2 hours. **If you do not have a driver, your procedure will be cancelled.**

\_\_\_\_\_ You should not drive for 8-10 hours after the procedure.

Procedure Date: \_\_\_\_\_

Procedure Time: \_\_\_\_\_

Place: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Physician performing procedure: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Prep Given By: \_\_\_\_\_