

Patient Preparation Instructions for BreathTek® UBT

Laboratory Corporation of America (LabCorp)

Lab is open Monday through Thursday 8am to 12pm/1pm to 5pm
No appointment is needed for this test.

2 Weeks Prior to Test: _____

_____ Discontinue any ANTIMICROBIALS*, (any antibiotics)

_____ Discontinue any PROTON PUMP INHIBITORS* (any prescription or over-the-counter Aciphex, Dexilant, Nexium, Omeprazole, Pantoprazole, Prevacid, Prilosec, Protonix, or Zegerid)

_____ Discontinue BISMUTH PREPARATIONS* (Pepto-Bismol®)

*Antimicrobials, Proton Pump Inhibitors and Bismuth Preparations are known to suppress H. Pylori. Ingestion of these within 2 weeks prior to performing the BreathTek® UBT may give false negative results.

Day of Test: _____

_____ Nothing to eat or drink for at least (1) hour before the test.

FOR POST TREATMENT MONITORING:

THE PATIENT MUST HAVE COMPLETED H. PYLORI THERAPY AT LEAST 4 WEEKS PRIOR TO THE TEST.

The drug component of the test is Pranactin-Citric. It is taken by mouth as a drug solution as part of the diagnostic procedure.

- For Phenylketonurics (PKU) patients, this drug contains Phenylalanine (one of the protein components of Aspartame). For reference, 12 oz. of diet cola contains approximately the same amount of phenylalanine.
- For diabetic patients, use with caution as Pranactin-Citric contains Aspartame.
- For patients who are hypersensitive to mannito, citric acid or Aspartame, you should avoid taking the drug solution as it contains these ingredients.
- Use with caution if you have difficulty swallowing or may be at high risk of aspiration due to medical or physical conditions.